

Renton Senior Activity Center

February 2025 Menu

Lunch served 11:30 am to 12:00 pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Clam Chowder Green Salad Roll Fruit	Chicken Quesadilla Roasted Zucchini & Bell Peppers Refried Beans Fruit	Shepherd's Pie Corn Pudding Fruit	Teriyaki Chicken Brown Rice Broccoli Fruit	Meatball Sandwich w/ Cheese Caesar Salad Fruit
10	11	12	13	14
Cheese Tortellini w/ Pesto Alfredo Maple Carrots Garlic Bread Fruit	Herb Garlic Chicken Rice Pilaf Mixed Vegetables Fruit	Fish and Chips Coleslaw Fruit	Egg Salad on a Croissant Marinated Tomato Salad Fruit	Beef and Bean Chili Cornbread Mixed Green Salad Fruit 
17	18	19	20	21
-NO LUNCH- Sound Generations is Closed Senior Center is OPEN!	Ham, Cheese & Mushroom Quiche Spinach Salad Fruit	Meatloaf w/Gravy Mashed Cauliflower Buttered Corn Fruit	Chicken Caesar Salad Potato Soup Fruit	Tuna Melt Sweet Potato Fries Green Salad Fruit
24	25	26	27	28
Honey Mustard Chicken Thighs Wild Rice Roasted Broccoli Fruit	Yakisoba Noodles w/ Mixed Veggies & Peanut Sauce Prawn Skewer Fruit	Beef Taco Salad Seasoned Black Beans Tortilla chips Fruit	Pork Tenderloin Twice Baked Potato Green Beans Fruit	All Beef Hot Dog On a Bun Baked Beans Pea Salad Fruit
A \$5 donation is suggested for adults 60 years and older. Guests under 60 years can enjoy a meal for \$10.	MILK AVAILABLE WITH ALL MEALS Special thanks to Safeway, Sustainable Renton and the local food bank for donating their products to our Community Dining Program			