



Denis Law Mayor

Proclamation

Whereas, heart disease continues to be the leading cause of death in the United States and affects men and women of every age and race; and

Whereas, many people who have high blood pressure may go years without knowing it, which is why heart disease is called America's "Silent Killer"; and

Whereas, the chance of developing coronary heart disease can be reduced by taking simple steps to prevent and control certain factors that put people at greater risk; and

Whereas, the Renton Regional Fire Authority and the City of Renton support the commitment to fight heart disease by promoting preventative screenings and public education in many of the city's diverse communities and schools throughout Renton; and

Whereas, the Healthy Heart Program serves to increase public awareness of the importance of fighting cardiovascular disease by developing good eating habits, being physically active, and taking advantage of preventative screenings; and

Whereas, being aware of the warning signs of a heart attack or stroke and knowing what to do may help save a life, and all Renton citizens are encouraged to learn how to perform cardiopulmonary resuscitation (CPR) and use an automatic external defibrillator (AED);

Now, therefore, I, Denis Law, Mayor of the City of Renton, do hereby proclaim February 2018 to be

Renton Healthy Heart Month

and I encourage all citizens to increase their awareness of cardiovascular disease, detection, and prevention by participating in this important community risk reduction campaign.

In witness whereof, I have hereunto set my hand and caused the seal of the City of Renton to be affixed this 5th day of February, 2018.

Denis Law, Mayor
City of Renton, Washington

