

MAY 2019 Menu - Renton Senior Activity Center

*Our home-style meals are prepared on-site and made fresh daily.
Sometimes we must make substitutions. Milk is offered at every meal.*

Questions? Please contact Chef and Site Coordinator Charles Turner of Sound Generations at (425)-254-1128

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
A \$4 donation is Suggested for diners 60 and older. Persons under 60 can enjoy a meal for \$10	We accept cash or EBT Cards Correct change is appreciated	Polish Sausage w/ Cabbage & Bell Peppers Fresh Green Salad w/ Dressing, Bread w/ Butter, Fresh Fruit	French Dip On Hoagie Roll w/ Au Jus Potato Salad Green Beans Pineapple	Spaghetti w/ Meat Sauce Fresh Green Salad w/ Dressing, Garlic Bread Strawberries MOTHER'S DAY LUNCHEON
6	7	8	9	10
½ Turkey Sandwich On wheat w/ Lettuce, Tomato, Cheese, Fresh Green Salad Potato Chips Fruit	Cheese Ravioli w/ Meat Sauce Green Salad w/ Dressing, Garlic Bread Peaches	Oven Baked Chicken Roasted Cauliflower Fresh Green Salad Bread w/Butter Fresh Fruit	Beef Stroganoff w/Mushrooms & Egg Noodles Citrus Glazed Carrots Cinnamon-Applesauce	Chef Salad w/Turkey Boiled Egg, Tomatoes, Mixed greens Red Onion, Croutons Cheese & Dressing Peaches
13	14	15	16	17
Herbs Roasted Chicken w/ Oven Roasted Gold Potatoes Green Salad Fruit	½ Classic Ruben Sandwich On Rye w/ Sauerkraut 1000 Island Dressing, Potato Salad Fruit	Meat Loaf w/ Gravy Garlic Mashed Potatoes & Green Beans Pineapple	½ Roast Beef Sandwich On Whole Wheat Lettuce, Swiss, Tomato, Macaroni Salad, Applesauce	Chicken Noodle Soup w/ Peas &Carrots Fresh Green Salad w/ Dressing Warm Bread Fresh Fruit
20	21	22	23	24
Chicken Teriyaki w/ Rice & Oriental Vegetables Bread w/ Butter Fresh Fruit	Cobb Salad w/ Turkey On Bed Of Fresh Greens w/ Cheese, Bacon, Tomato, Black Beans Peaches	BBQ Pulled Pork Sandwich Coleslaw, Baked Beans & Corn bread Fresh Berries	Clam Chowder ½ Turkey Sandwich Oyster Crackers Lettuce & Tomato Apple Sauce	Beef & Bean Chili w/ Honey Butter Cornbread Fresh Spring Greens Fruit Salad
27	28	29	30	31
MEMORIAL DAY NO LUNCH CENTER IS CLOSED MEMORIAL Day	Slow Roasted Pork Garlic Mashed Potatoes Fresh Green Salad w/ Dressing Pineapple	Smoked BBQ Chicken w/ Baked Beans Coleslaw Honey Butter Cornbread Peaches	Open Faced Turkey Sandwich w/ Mashed Potatoes & Gravy Green Salad w/Dressing Fruit	Beef Taco Salad w/ Mixed Greens Cheese, Salsa ,Sour Cream, Corn Chips& Tomatoes Fruit NAT .Salad Day

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