

# May 2017 Menu - Renton Senior Activity Center

*Our home style meals are prepared on-site and made fresh daily.  
Sometimes we must make substitutions. Milk is offered at every meal.*

**Questions?** Please contact Chef and Site Coordinator Charles Turner of Sound Generations at (425)-254-1128

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>Spinach Salad</b> w/Chicken, Feta cheese, Red onion, CROUTONS, Dressing Fresh fruit	<b>Half Turkey Sandwich</b> <b>w/ Lettuce, Tomato,</b> <b>Vegetable Soup</b> w/ Peas, Carrots, Potatoes, Roasted Peppers Apple Sauce	<b>Roasted Chicken</b> Mixed Vegetables Honey Butter Cornbread Watermelon	<b>Clam Chowder w/ Half Tuna Sandwich</b> w/ Lettuce Tomato Fresh Melon	<b>Spaghetti w/ Meat Sauce Garlic Bread</b> Fresh Green Salad w/ Dressing Cookie <i>Mother's Day Luncheon</i>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>Smokey BBQ Pork Sandwich</b> Baked Beans Coleslaw Watermelon	<b>Chef Salad</b> w/ Turkey Eggs, Cheese, Tomato w/ Dressing Bread w/ Butter Fresh Melon	<b>Chicken Salad</b> <b>Sandwich</b> w/ Lettuce & Tomato Creamy Tomato Soup Pineapple	<b>Pepperoni &amp; Cheese Pizza</b> Fresh Green Salad w/ Dressing Cantaloupe	<b>Beef Taco Salad</b> w/ Chips, Salsa, Sour Cream, Lettuce, Tomato Honeydew Melon
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>German Sausage</b> w/ Cabbage & Peppers Honey Butter Cornbread Fresh Fruit	<b>Chicken Caesar Salad</b> w/ <b>Half Roast Beef</b> <b>Sandwich</b> w/Lettuce & Tomato Cookie	<b>Meat Loaf w/ Gravy</b> Mashed Potatoes Green Beans Honey Butter Cornbread Mandarin Oranges	<b>Beef Stroganoff Over Noodles</b> Fresh Green Salad w/ Dressing Bread w/ Butter Fresh Melon	<b>Baked Chicken Legs</b> w/ Peppers & Onions Garlic Bread w/Butter Green Beans Pineapple
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>French Dip w/Au Jus On Hoagie Roll</b> Potato Salad w/ Carrots Tropical Fruit Salad Cookie	<b>Chicken Quesadillas</b> w/Salsa, Sour Cream, Cheese Black Bean & Corn Salad Strawberries	<b>BBQ Smoked Chicken Sandwich,</b> Coleslaw Smokey Baked Beans Fresh Cantaloupe <i>National BBQ Day</i>	<b>Oven Baked Cod</b> Fresh Green Salad w/ Dressing Bread w/ Butter Fresh Fruit	<b>Chicken Noodle Soup</b> <b>Half Turkey Sandwich</b> w/ Lettuce, Tomato Mixed Melon Salad
<b>29</b>	<b>30</b>	<b>31</b>		
<i>Center is closed for Memorial Day</i>	<b>Open Faced Turkey Sandwich</b> w/ Mashed Potatoes & Gravy Green Beans w/Red pepper Peaches	<b>Chicken Curry over Rice</b> Mixed Vegetables Bread w/Butter Fresh Fruit		

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